



Name..... Class.....

Today I feel...

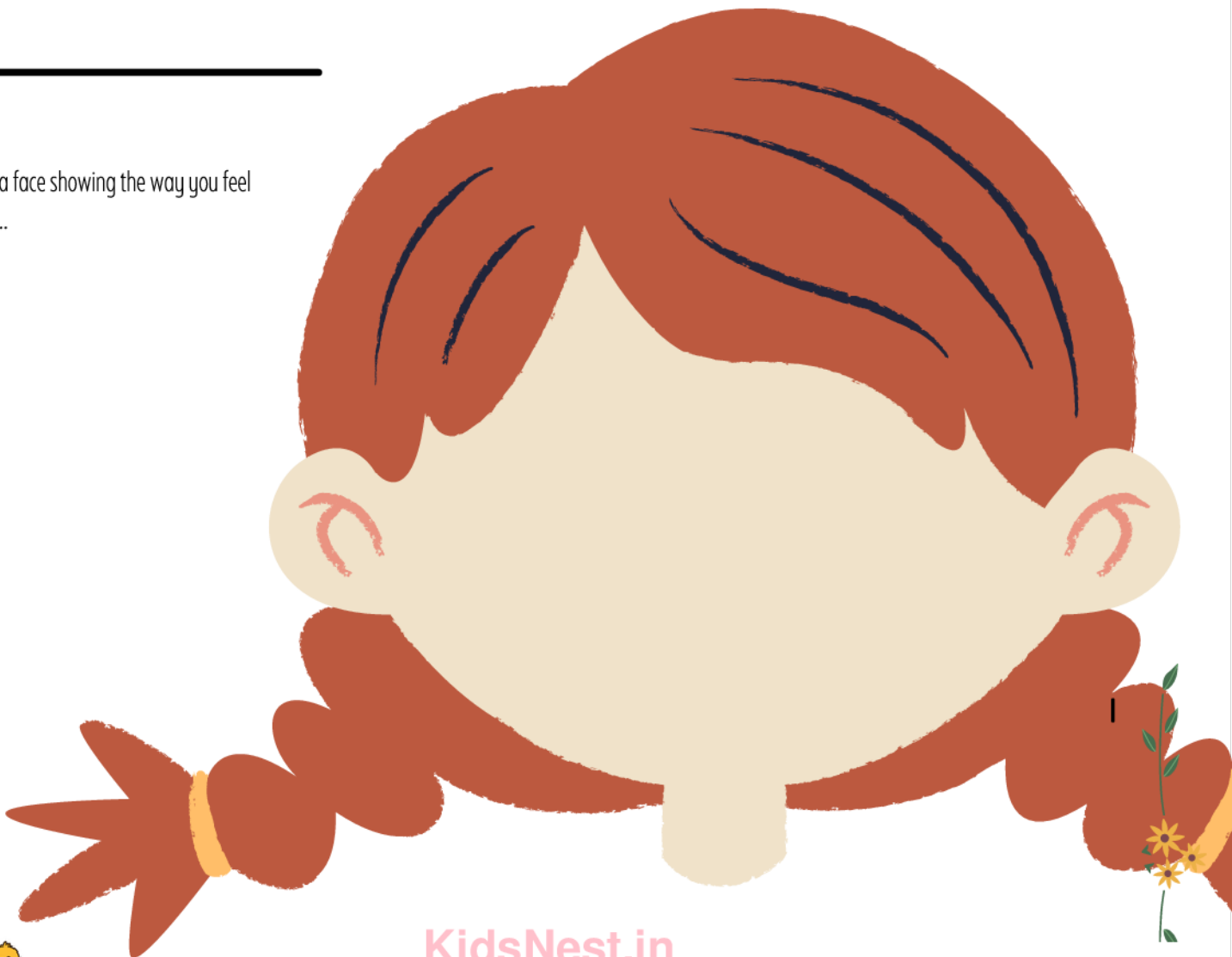
Circle the way you feel.

- Happy Sad Angry Nervous Excited Tired Worried
- Focused Confused Joyful
- Confident Upset

Write a word to describe your feelings.

Today I am...

Draw a face showing the way you feel today..



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