



KidsNest.in

Name : _____

Date : _____

Grade : _____

----- Nurture Learning. Inspire Growth. -----

Healthy Food vs Unhealthy Food

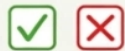
Instruction: Tick (✓) the Healthy Food and Cross (✗) the Unhealthy Food.

🌿 Healthy food makes us strong! 🌿

1)



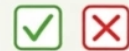
Apple



6)



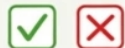
Cold Drink / Soda



2)



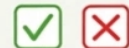
Pizza



7)



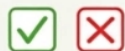
Banana



3)



Carrot



8)



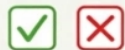
Chips



4)



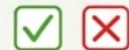
Burger



9)



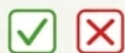
Broccoli



5)



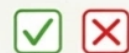
Milk



10)



Chocolate Candy



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