

✨ My 10 Good Habits ✨

☐  **1. Wake up early**
– Start the day with energy!

☐  **2. Brush teeth twice a day**
– Morning & night for healthy teeth!

☐  **3. Say Please & Thank You**
– Be polite and kind!

☐  **4. Wash hands before eating**
– Keep germs away!

☐  **5. Keep room clean & tidy**
– Organize toys and things!

☐  **6. Share toys with friends**
– Be kind and generous!

☐  **7. Respect elders**
– Listen and be respectful!

☐  **8. Eat healthy fruits & vegetables**
– Stay strong and healthy!

☐  **9. Sleep on time**
– Get good rest at night!

☐  **10. Read books daily**
– Learn new things every day!